



The Winkler Center for Adult Learning

Saturday April 22, 2017

Registration: 8:30 AM

Keynote: 9:00 AM

Annual conference

Social Media and the Search for Community

At the Waldorf School of Garden City, NY



Keynote Speaker, Lowell Monke, Ph.D.

Many of us have seized on this new 21st Century technology to try to recapture the sense of community that the 20th century technologies have helped to take away. A community is not just a group of people with a common interest, but many individuals sharing commitments, common experiences, and traditionally, a common public space. We are constantly reminded to reveal as little about ourselves as possible online. How do you build a community when everyone remains hidden behind a veil of semi-anonymity?

Dr. Lowell Monke is Professor of Education Emeritus at Wittenberg University where he taught courses on the philosophy of education and the impact of media on young people. For 20 years prior to that he taught high school math and computer technology in the U.S., South America and Europe. Lowell is coauthor of *Breaking Down the Digital Walls: Learning to Teach in a Post-Modem World* (SUNY Press), which critically examines his pioneering work on global tele-collaborative projects. He was a founding

Board member of the Alliance for Childhood and served as a technology advisor to the Washington Waldorf School for eight years. He now resides in Parker, Colorado.

Schedule and Notes for the April 22,2017 Conference

8:30 am: Registration - Main Lobby at the Waldorf School of Garden City

9-10:10:45 am: Introduction, Keynote Speaker and Discussion/ Boner Hall.

10:45-11:15 am Coffee Break

11:15-12:30. Workshops (See your program for leader and location)

12:30-1:30 pm. Lunch

Organic lunch with a \$5.00 charge. Guests are also welcome to bring their own brown bag lunch.

12:45--1:15pm: Table discussion with Lowell Monke in the cafeteria.

1:30 – 2:30 pm: Workshop on Community Building (one group)

2:30-2:35 pm: Raffle and “Stretch Your Legs” Break

2:35 Plenum: Discussion with panel: Lowell Monke, The Winkler Faculty. Parents and Foundation Studies Graduates.

3:20.next steps and evaluations.

End

To register: info@winklercenter.org

Or call 516-741-7167 for more information

Workshops : 11:15 am - 12:30 pm.

1. Social Eurythmy in Practical Life with Leonore Russell and Marial Ver Eecke. Bonner Hall.

We will do simple exercises from social eurythmy with Leonore. with the copper balls and have fun sorting out how to accomplish something together. You will stretch your legs and your imaginative thinking. These exercises are a favorite for connecting with others and integrating simple movements into a larger context. By working with open-ended questions we will find surprises, treasures and success!

Maria will share with you therapeutic exercises that help us see the whole human being. This will show the contrasting strength of working with the life forces directly for health.

Location: Bonner Hal

Leonore Russell was a eurythmy teacher at the Waldorf School of Garden City for many years and also at Adelphi University, She is Executive Director of the Winkler Center and has been on the faculty since its inception. She has a eurythmy diploma form The Goetheanum in /Switzerland, and a Masters of Art for Adlephi University.

Maria Ver Eecke teaches eurythmy in the pre-school and lower school. She holds a diploma from the School of Eurythmy, Spring Valley, N.Y.; a Bachelor's of Arts degree from the University College of Eurythmy, Oslo, Norway; and a diploma from the Therapeutic Eurythmy Training in North America.

2. Handwork: Creating Wet Felted Spheres

Wet Felted Spheres with Karen Talluto, Waldorf handcraft teacher.

Fiber Arts room.

In this workshop you'll learn the traditional process of wet-felting to create a multi-colored sphere. Using only soap, hot water, wool roving, and lots of massaging and rubbing we will engage with the healing qualities of this transformative art that challenges expectations.

3. Painting with Mara Esposito, " Connecting to Wonder: Nature,

Drawing, and Bones for Poems” . High School Biology Room.

Meditative art experiences with nature, I have a collection of nature treasures from the beach, woods, backyard- seed pods and shells and all sorts of tiny delights - which will be used for a guided exploration with 5x magnifier jeweler's loupes in conjunction questions to inspire analogic thinking and curiosity about the world we live in. Along with creative drawing and journaling to loosen up creative juices, and ideas for nature journaling with children.

Mara's educational training is in Jungian and Native American studies, and human development. These past 15 years I've been the Education Director and curriculum designer for Not Just Art, a children studio that offers family music making classes, process art experiences, and inquiry based nature and science explorations for children birth - 12 years old. Prior to that I taught parent child, nursery/preK, and mixed age k-2 classes at alternative schools in Chicago and Seattle, and was adjunct faculty for masters in human development and education students. I have been a Waldorf parent for 8 years, and a foundations studies graduate. She now serves on the Board of the Winkler Center.

4, Simplicity Parenting with Stephanie Cleary Parent-Toddler teacher for the Waldorf School.

Parents employing the principles of Simplicity Parenting find that their children:

Are calmer and happier; do better socially and emotionally; are more focused at school; find it easier to comply with family rules; become less-picky eaters.

During this workshop we will specifically focus on filtering out the adult work and media in the lives of our growing children.

*In her years at the Waldorf School **Stephanie** has served as an assistant in the Nursery and Kindergarten, and worked in the Afternoon Early Childhood program. Currently she is one of the lead teachers in the Parent and Child Program and is the facilitator of the Simplicity Parenting program. Ms. Cleary's leadership has led to the launch of several Parent and Child satellite programs along with our Nature Trail program. Stephanie now serves on the Board of the Winkler Center.*

5. Singing with Jeanette Resnick, former Waldorf School of Garden City pre-school and elementary school music teacher.

The folk music of many cultures enlivens its people, yet the folk music of our own North America is much overlooked today. It has its heroes and its history, and we will enjoy reminding ourselves of them - with singing and group activities that can be fun for all ages. Come for a lighthearted experience!

Jeanette Resnick not only taught singing to the young children at the Waldorf School, but was the founder and artistic director of the Waldorf Chamber Players whose home was in the Waldorf School of Garden City. She now lives in New York and is writing a book containing many of the musical plays and well loved songs she shared with the children during her many years at Waldorf. She is a faculty member of the Winkler Center and continues teaching piano to many a lucky young person.

6. Talking with Students and Parents” with Lowell Monke.

TBA. Don't miss this chance to share thoughts and experiences with Dr. Monke. He has worked not only in elementary and high schools, but also in Higher education.

Please choose your workshops by number on the registration form.